

2023 RDS 10-12 Years Trials

Event	District Trials Date and time	Nominations due date	District Trials Venue	Equipment required	Capricornia Trials
AFL 10-12 years Boys and Girls	Monday 20 February 2023 4pm – 6pm	Thursday 16 February 2023	Rockhampton State High	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSIO N BOOKLET	7 March 2023 Mackay
Basketball 10 -12 years Boys & Girls	Monday 27 February 2023 4pm – 6pm (Both genders)	Thursday 23 February 2023	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSIO N BOOKLET	6 March 2023 Gladstone
Swimming	Paper nominations				
Volleyball 12 – 15 Boys & Girls	Friday 3 February 2023 Boys: 9am – 11am Girls: 11am – 1pm	Wednesday 1 February 2023	Glenmore SH	Appropriate footwear, water bottle, school sport uniform PERMISSIO N BOOKLET	14 February 2023 Gladstone
Hockey 10-12 years Boys and Girls	Monday 20 March 2023 4pm – 5:30pm	Thursday 16 March 2023	Kalka Shades, Water St	Own playing equipment, mouthguard, hat, water bottle, school sport uniform PERMISSIO N BOOKLET	27 April 2023 Rockhampton
Touch Football 10 – 12 years Boys and Girls	1 st trial: Wednesday 1 March 2023 4pm – 5:45pm Shortlisted: Friday 3 March 2023 4pm – 5:45pm	Monday 27 February 2023	Rockhampton Touch Fields	Appropriate footwear,hat, water bottle, school sport uniform PERMISSIO N BOOKLET	29 March 2023 Rockhampton
Squash 10-19 years Boys and Girls	Paper nominations	Tuesday 14 March 2023		Appropriate footwear, water bottle, school sport	28 March 2023 Mackay

				uniform PERMISSION BOOKLET	
Netball 10-11 years and 10-12 years Girls	Sunday 12 March 2023 9am – 12pm	Thursday 9 March 2023	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSION BOOKLET	24 April 2023 Mackay
Rugby League 10, 11 and 12 Years Boys	Muster: Sunday 5 March 2023 9am – 11am Shortlisted students: Sunday 12 March 2023 9am – 12pm	Thursday 2 March 2023	Emmaus College	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	2/3 May 2023 Mackay
11-12 Years Girls	Wednesday 8 March 2023 4pm – 5:30pm		Frenchville State School		7 August 2023 Mackay
Football 10-12 years Boys	Tuesday 28 March 2023 4pm – 5:30pm	Friday 24 March 2023	Kettle Park (behind Fantastic Furniture)	Appropriate footwear,hat, water bottle, school sport uniform PERMISSION BOOKLET	23 May 2023 Rockhampton
Football 10-12 years Girls	Tuesday 28 March 2023 4pm – 5:30pm	Friday 24 March 2023	Bouldercombe State School	Appropriate footwear,hat, water bottle, school sport uniform PERMISSION BOOKLET	23 May 2023 Rockhampton
Rugby Union 11 – 12 years Boys	Monday 27 March 2023 4pm – 5:30pm	Thursday 23 March 2023	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	22 May 2023 Emerald
Cross Country 10-19 years	Tuesday 9 May 2023				16 May 2023 Rockhampton
Tennis 10 – 12 Years Boys and Girls	Monday 5 June 2023	Thursday 1 June 2023	Rockhampton	Own playing equipment, hat, water	20 June 2023 Emerald

	9am – 3pm		Tennis centre	bottle, school sport PERMISSION BOOKLET uniform	
Softball 10 – 12 years Boys and Girls	Trial 1: Wednesday 10 May 2023 4pm – 5:30pm Trial 2: Wednesday 17 May 2023 4pm – 5:30pm	Monday 8 May 2023	Rockhampton Softball Association	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	13 June 2023 Rockhampton
Golf 10 – 18 years	Paper nomination				
Athletics	TBC				21/22 August 2023 Mackay
Cricket 10 – 12 Boys	Wednesday 30 November 2022 4pm – 5:30pm	Monday 28 November 2023	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	6 and 7 February 2023 Mackay
Cricket 10 – 12 Girls	Wednesday 30 November 2022 4pm – 5:30pm	Monday 28 November 2023	Victoria Park	Own playing equipment, ha t, water bottle, school sport uniform PERMISSION BOOKLET	7 February 2023 Mackay