

Capricornia School Sport
PO Box 138
ROCKHAMPTON QLD 4700
Email: capsport@qed.qld.gov.au

Ph: (07) 4932 4045

Website: www.capsport.eq.edu.au

13-19yrs SWIMMING NOMINATION FORM

Student's Name:		Student's School:	
Students D.O.B.		Male / Female	
Student's Mailing Address:			
Contact Phone No:		Parent's Mobile Phone No:	
Parent's Name:		Parent's Email Address:	

Instructions

- (1) If you wish to be considered for 50 / 100 / 200 / 400 / 800 / 1500 metre events, tick the applicable box and enter your best time.

If you are a Multi Class competitor, please indicate MC and your classification in your nomination.

These events must have been swum at a QSA sanctioned long course meet in the current season (Sept. 2020 - current 2021), in a 50m pool **ONLY**.

- (2) **ALL nomination forms must have a printout copy attached from Swimming Australia's 'Results Central' ONLY highlighting nominated events to verify times from 1st Sept. 2020.**
- (3) All students must be enrolled in an affiliated School, College, Special School or School of Distance Education

Please note:

- Each swimmer is allowed a **maximum** of 9 Individual events at the State Championships.

Please discuss with your coach the events you wish to nominate for.

- ONLY** nominate in events you wish to swim.
- Please indicate your availability for Capricornia Relay teams by ticking the box below.

By ticking the box, you have given an undertaking to team management of your willingness to participate.

- Confirmation of receiving your nomination will be emailed to the address indicated above.

YES- I am available for Relays

NO – I am unavailable for relays

EVENT TYPE	I wish to be considered for this event (Place tick in box if applicable)	BEST TIME (Current Season)
50 m Freestyle		
50 m Backstroke		
50 m Breaststroke		
50 m Butterfly		
100 m Freestyle		
100 m Backstroke		
100 m Breaststroke		
100 m Butterfly		
200 m Freestyle		
200 m Backstroke		
200 m Breaststroke		
200 m Butterfly		
200 m Indiv. Medley		
400 m Freestyle		
400 m Indiv. Medley		
800 m Freestyle		
1500 m Freestyle		

All nominations are due to the Regional School Sport Office by COB on

TUESDAY 16th FEBRUARY 2021

Return via email to: capsport@qed.qld.gov.au

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