

Capricornia School Sport  
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## 13-19yrs SWIMMING NOMINATION FORM

Student's Name:		Student's School:	
Students D.O.B.		Male / Female	
Student's Mailing Address:			
Contact Phone No:		Parent's Mobile Phone No:	
Parent's Name:		Parent's Email Address:	

### Instructions

- (1) If you wish to be considered for 50 / 100 / 200 / 400 / 800 / 1500 metre events, tick the applicable box and enter your best time. If you are a Multi Class competitor, please indicate MC and your classification in your nomination. These events must have been swum at a QSA sanctioned long course meet in the current season (Sept. 2018 - current 2019), in a 50m pool **ONLY**.
- (2) **ALL nomination forms must have a printout copy attached from Swimming Australia's 'Results Central' ONLY highlighting nominated events to verify times from 1st Sept. 2018.**
- (3) All students must be enrolled in an affiliated School, College, Special School or School of Distance Education

Please note:

- Each swimmer is allowed a **maximum** of 9 Individual events at the State Championships. Please discuss with your coach the events you wish to nominate for.
- **ONLY** nominate in events you wish to swim.
- Please indicate your availability for Capricornia Relay teams by ticking the box below. By ticking the box, you have given an undertaking to team management of your willingness to participate.
- Confirmation of receiving your nomination will be emailed to the address indicated.

YES- I am available for Relays

NO – I am unavailable for relays

EVENT TYPE	I wish to be considered for this event (Place tick in box if applicable)	BEST TIME (Current Season)
<b>50 m Freestyle</b>		
<b>50 m Backstroke</b>		
<b>50 m Breaststroke</b>		
<b>50 m Butterfly</b>		
<b>100 m Freestyle</b>		
<b>100 m Backstroke</b>		

<b>100 m Breaststroke</b>		
<b>100 m Butterfly</b>		
<b>200 m Freestyle</b>		
<b>200 m Backstroke</b>		
<b>200 m Breaststroke</b>		
<b>200 m Butterfly</b>		
<b>200 m Indiv. Medley</b>		
<b>400 m Freestyle</b>		
<b>400 m Indiv. Medley</b>		
<b>800 m Freestyle</b>		
<b>1500 m Freestyle</b>		

All nominations are due to the Regional School Sport Office by COB on

**TUESDAY 19<sup>th</sup> FEBRUARY 2019**

Return via email to: [capsport@qed.qld.gov.au](mailto:capsport@qed.qld.gov.au)

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