Emmaus College

Interhouse Athletics Carnival, June 28th – 29th

2018 Program

THURSDAY: FIRST LUNCH - P7							
EVENT TIME	**TRACK EVENTS**	**FIELD EVENTS**					
Thurs June 28th P4 – P7	**12G, 12B, 13G, 13B, 14G, 14B etc**	**12yrs**	**13 yrs**	**14 yrs**	**15 yrs**	**16 yrs**	**17 – 19 yrs**
Thursday 10:45 – 12:00	***1500m Boys/Girls – 12/13yrs, 14/ 15yrs, 16/18yrs***						
Thursday 11:15-12.00		Boys Javelin	Boys Long Jump	Boys Discus	Boys Triple Jump	Boys Shotput	Boys/Girls High Jump
Thursday 12:00– 12.45		Girls Javelin	Girls Long Jump	Girls Discus	Girls Triple Jump	Girls Shotput	
Thursday 12.45 – 1.30		Boys/Girls High Jump	Boys/Girls Discus	Boys/Girls Triple Jump	Boys/Girls Shotput	Boys/Girls Long Jump	Boys/Girls Javelin
Thursday 2.00 – 2.45		Boys/Girls Shotput	Boys/Girls Triple Jump	Boys/Girls Javelin	Boys/Girls High Jump	Boys/Girls Discus	Boys/Girls Long Jump

FRIDAY – ALL DAY							
Fri June 29th 8.30 – 8.40	10 minute Tutorial Meeting – in Tute rooms then report to house areas on oval						
		12 yrs	**13 yrs**	**14 yrs**	**15 yrs**	**16 yrs**	**17 – 19 yrs**
Friday 9.00 – 9.30	**400m House Participation**	**No Field Events**					
Friday 9.30 – 10.15	**800m**	Boys/Girls Long Jump	Boys/Girls Javelin	Boys/Girls High Jump	Boys/Girls Discus	Boys/Girls Triple Jump	Boys/Girls Shotput
Friday 10.15– 11.00	**100m heats 12 – 14 yrs**	***100m heats***			Boys/Girls Long Jump	Boys/Girls Javelin	Boys/Girls Triple Jump
Friday 11.00– 11.45	**LUNCH BREAK**						
Friday 11.45 – 12.30	**100m Heats 15 – 17 yrs**	Boys/Girls Discus	Boys/Girls High Jump	Boys/Girls Shotput	***100m heats***		
Friday 12.30 – 1.15	**100m Finals**	**No field events**					
Friday 1.15 – 2.15	**200m**	Boys/Girls Triple Jump	Boys/Girls Shotput	Boys/Girls Long Jump	Boys/Girls Javelin	Boys/Girls High Jump	Boys/Girls Discus
Friday 2.15 – 2.40	**4x 100m Relays**	**No field events**					
2.40 – 3.00	**Clean-up and Presentations**						