





**EMMAUS COLLEGE**  
ROCKHAMPTON

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Principal: Mr Eamon Hannan  
Sport Coordinator: Mr Justen Parle

### **General Information**

The 2016 SLSQ Secondary School Surf League – Central Queensland Carnival will be held on Friday 14 October. The carnival starts at 9:00am and concludes at 2:30pm. The intended program for the day is attached. Emmaus will transport the students to and from the event. Otherwise parents are welcome to attend the carnival and transport their child.

### **Pool Swim**

All competitors competing in water events MUST be able to swim 200m in 5 minutes or less. This MUST be overseen and signed off by either a school representative or an accredited swim coach.

### **Requirements**

Students will need to bring their own lunch & snacks. Students need to bring their own water bottle, water containers will be provided for hydration purposes. Sun safety is an important consideration and all students must have rash shirts on whilst competing and adequate sun protection on at all times.

### **Paperwork**

Unless your child has already competed for Emmaus, you will need to complete all 3 pages.

- Personal Details and Medical Consent;
- Media Release; and
- Code of Conduct
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Once you have completed the paperwork, you only need to submit it again if your circumstances change (ie. change of address or phone number)

### **Please Note**

For individual events, competitors are only permitted to compete in one competition age group.



UQ SECONDARY SCHOOL SURF LEAGUE

# CARNIVAL PROGRAM

## Central Queensland

LOCATION: Main Beach, Emu Park  
HIGH TIDE: 0721hours (4.12m)

DATE: Friday 14<sup>th</sup> October, 2016  
LOW TIDE: 1335hours (0.5m)

TIME	WATER AREA		BEACH AREA				
	Event	Age Group	Event	Age Group			
9.00am	Surf Races & Surf Teams	U13 Male – Female					
		U15 Male – Female					
		16&Over Male - Female					
	Board Races	U13 Male – Female					
		U15 Male – Female					
		16&Over Male – Female					
	Iron Persons	U13 Male – Female					
		U15 Male – Female					
		16&Over Male – Female					
	Cameron Relays	Under 13 – Open					
		Under 15 – Open					
		16 & Over – Open					
						Beach Flags	U13 Male – Female
							U15 Male – Female
							16&OverMale - Female
Beach Sprints			U13 Male – Female				
			U15 Male – Female				
			16&Over Male - Female				
Beach Relays			U13 Male/Mixed – Female				
			U15 Male/Mixed – Female				
			16 & Over Male/Mixed – Female				
			All Age Relay				
2.15pm			Presentations				
2.30pm			Depart				